

# Starting Point

## Practical Strategies to start working with your young child with ASD

**Date:** 7<sup>th</sup> 14<sup>th</sup> & 21<sup>st</sup> February 2012

**Venue:** Donard, Knockbracken Healthcare Park, Saintfield Road Belfast BT8 8BH

### Course Outline:

- **My Child's Autism**

To begin to understand your child with an Autism Spectrum Disorder, one must first acknowledge their individuality – to know your child, you must understand Autism.

- **Play**



Teaching play skills at home at a young age will give your child the opportunity to develop the foundation blocks on which other skills can be developed, including communication, social interaction and social skills.

- **Communication**

For most children learning to communicate is exciting. It starts right from birth and should be fun for the child, their family and friends.

- **Interaction**

Social interaction is something that we take for granted. We believe that it should develop effortlessly. Social interaction involves skills like good eye contact, being able to share a book, a game or even a joke with one or more people. It is the ability to know how to speak or respond when someone speaks to you and to know when to be quiet and listen.



- **Daily Living Skills**

It is very important to teach your child positive social routines as early as possible. It is easier to introduce the correct way to do things **now** rather than try to change difficult behaviour later on. Family life with your child could be much easier if introduced to their part in daily living skills from the beginning.



- **Positive Behaviour**

There will be no one who has all the answers for you in dealing with difficult situations you might experience with your child. While there will be a number of professionals you can contact, it may be helpful to have some general advice about how to deal with problem situations, if and when they happen.

**Course aimed at: Parents of children with ASD.**

**Starting Point Workshop**

**Booking Form**

**7<sup>th</sup>, 14<sup>th</sup> & 21<sup>st</sup> February 2012**

Name \_\_\_\_\_

**Full postal address**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Tel \_\_\_\_\_

E-Mail \_\_\_\_\_

Special Requirements:      Yes     No

**Please complete and return booking form to Christine Quail, Autism NI, Donard,  
Knockbracken Healthcare Park, Saintfield Road, Belfast BT8 8HB**

**Confirmations will be sent by email only or alternately you can ring Christine on  
028 9040 1729.**

**How did you find out about this training?**

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